I, __________________________________________, gladly agree to take on the following actions and practices. This is my commitment to fostering a healthy community, lowering CO₂, creating personal resilience and breaking my addiction to fossil fuels. To be most effective, I will choose just a handful of actions and will be accountable to reporting in monthly to my buddy/partner __________________________________________ or the Transition ABQ monthly meeting (1st Wednesdays).

___ Drink tap water or other water, but never bottled water
___ Don’t let water run (teeth brushing, dish washing)
___ Don’t flush on yellow; _______ Install a rain barrel
___ Collect cold shower water; ____ Wash clothes with cold water
___ Use a clothesline, instead of the dryer
___ Only full loads for dishwasher, clothes washer
___ Plant trees; _______ Plant vegetables
___ Xeriscape my yard; _____ Start a winter garden
___ Actively choose to eat local food
___ Avoid eating meat at least 2 days a week
___ Enrich my topsoil with buckwheat, barley, sorghum, or clover
___ Turn off my lights; _____ Replace my light bulbs with LED
___ Unplug appliances I’m not using, reducing phantom energy use
___ Install programmable thermostat
___ Program my thermostat; _____ Get low energy appliances;
___ Buy or make a solar oven; _____ Use my solar oven
___ Take advantage of NM Solar Credits and get some solar panels
___ Leave my car at home; _____ Walk 1-2 days a week or more
___ Plan local vacations (reduce airplane trips)
___ Bicycle and use local transportation; _____ Carpool;
___ Combine errands; _______ Always bring reusable bags to the store
___ Consume less rather than count on recycling
___ Resist excessive packaging
___ Donate to Rainforest protection or ____________________________
___ Become an advocate for _______________________________ and speak to someone about it each week.

I commit to these ________ actions. I will be accountable to __________________________________________ or the TransitionABQ

First Wednesday gatherings every month, starting ________________________________

_______________________________ BUDDY/WITNESS ___________ DATE

Post your pledge to social media with hashtag #abqcarbonpledge or pledge online at civnet.co

This activity is sponsored by Transition Albuquerque, a non-profit organization leading and supporting efforts to reduce our dependence on fossil fuels, relocalize the economy, create abundance, and build a sustainable and resilient future for New Mexico.

Learn more at transitionabq.org